



Department of Florida Veterans and Family Support



Growing Stronger for Our Veterans

August 2026

Gardening With Grace

Goals

VFW Veterans & Military Support Programs

Assist Veterans, Service Members and their Families

Promote Veteran and Military Suicide Prevention and Mental Health Awareness

When you do anything to promote the National President's Project please report under Veterans and Family Support. If you donate, please report the funds under Americanism.

There are many parts to this programs to discover this year and below is a list of things that you can do and report on.

- ★ VFW's **National Veterans Service**
- ★ Student support Grants
- ★ Adopt a Unit
- ★ MAP— **Military Appreciation Program**
- ★ Student Veteran Grant support
- ★ VFW Foundation Grants
- ★ Disaster Relief
- ★ Uniting Veterans
- ★ VFW Mental Wellness campaign
- ★ Veteran Crisis Line



**With these ideas how can
you grow the program and
make it your own**



Suicide prevention is the month of September, but did you know September 10th is also World Suicide Prevention Day. September is a great time to make sure there is information around your post available to those who are in need of help. Mental illnesses like PTS and depression and financial difficulties can lead to suicide. Remember those around you such as your Veteran, family members, friends and First Responders who might be in crisis. As an auxiliary how can you get the message out that the VFW is a safe place and let our veterans know that we are there for them. Consider having a table available at every function with information on how to get help.

You can find more information at <https://www.vfw.org/assistance/mental-wellness>

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